

Section 8.4 Trigonometric Substitution

Trigonometric Identities:

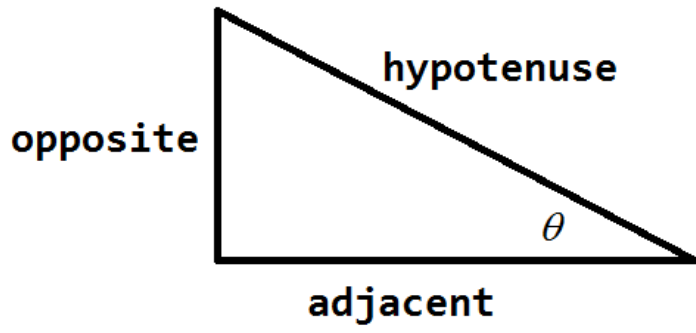
$$\sin^2 x + \cos^2 x = 1; \quad \sin^2 x = 1 - \cos^2 x; \quad \cos^2 x = 1 - \sin^2 x$$

$$\sec^2 x = 1 + \tan^2 x \Rightarrow \tan^2 x = \sec^2 x - 1$$

For integrals containing $\sqrt{a^2 - u^2}$, let $u = a \sin \theta$

For integrals containing $\sqrt{a^2 + u^2}$, let $u = a \tan \theta$

For integrals containing $\sqrt{u^2 - a^2}$, let $u = a \sec \theta$



$$(\textit{hypotenuse})^2 = (\textit{opposite})^2 + (\textit{adjacent})^2$$

$$\textit{hypotenuse} = \sqrt{(\textit{opposite})^2 + (\textit{adjacent})^2}$$

$$(\textit{opposite})^2 = (\textit{hypotenuse})^2 - (\textit{adjacent})^2$$

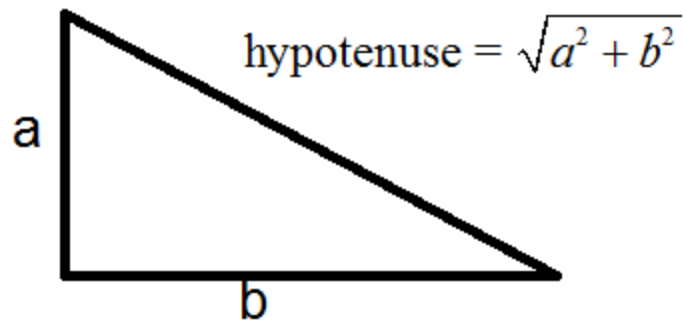
$$\textit{opposite} = \sqrt{(\textit{hypotenuse})^2 - (\textit{adjacent})^2}$$

$$(\textit{adjacent})^2 = (\textit{hypotenuse})^2 - (\textit{opposite})^2$$

$$\textit{adjacent} = \sqrt{(\textit{hypotenuse})^2 - (\textit{opposite})^2}$$

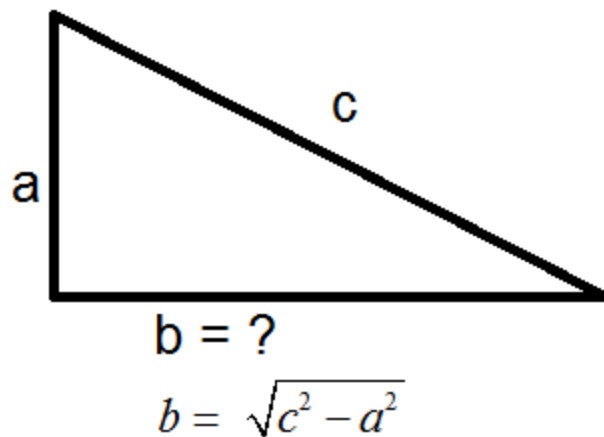
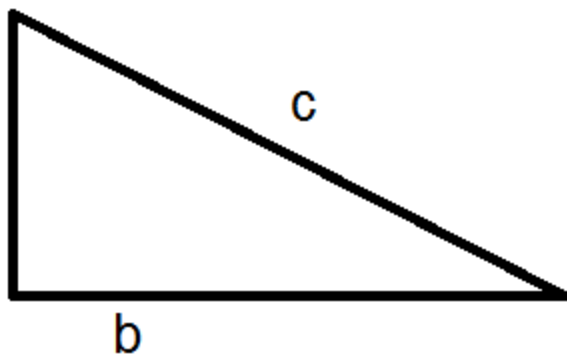
Case 1: hypotenuse is missing

$$\text{hypotenuse} = \sqrt{a^2 + b^2}$$



Case 2: One leg of triangle is missing

$$a = \sqrt{c^2 - b^2}$$



Example 1: Find the indefinite integral $\int \frac{\sqrt{x^2 - 25}}{x} dx$.

Note: Integral contains Form $u^2 - a^2$.

$$\text{Let } u^2 = x^2 \quad \text{and} \quad a^2 = 25$$

$$\Rightarrow u = x \quad \text{and} \quad a = 5$$

If we let $u = a \sec \theta$, then $x = 5 \sec \theta$

$$\text{Hence, } \frac{dx}{d\theta} = 5 \sec \theta \tan \theta \Rightarrow dx = 5 \sec \theta \tan \theta d\theta$$

$$\begin{aligned} \sqrt{x^2 - 25} &= \sqrt{(5 \sec \theta)^2 - 25} = \sqrt{25(\sec \theta)^2 - 25} \\ &= \sqrt{25[(\sec \theta)^2 - 1]} = \sqrt{25 \tan^2 \theta} = 5 \tan \theta \end{aligned}$$

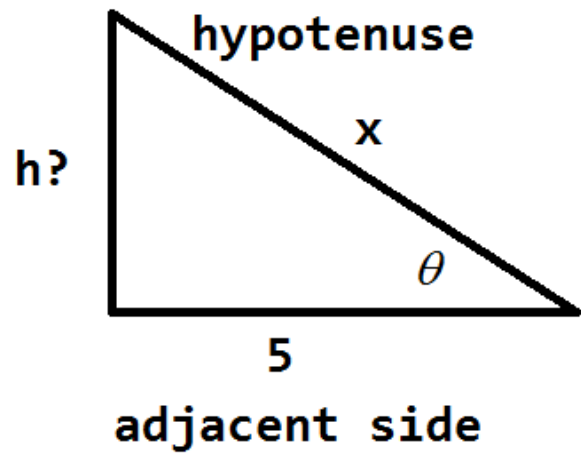
$$\int \frac{\sqrt{x^2 - 25}}{x} dx = \int \frac{5 \tan \theta}{5 \sec \theta} (5 \sec \theta \tan \theta d\theta) = \int (5 \tan \theta)(\tan \theta d\theta)$$

$$= 5 \int \tan^2 \theta d\theta = 5 \int (\sec^2 \theta - 1) d\theta \quad \text{Note: } \tan^2 \theta = \sec^2 \theta - 1 \quad \text{and} \quad \int \sec^2 \theta d\theta = \tan \theta$$

$$= 5[\tan \theta - \theta]$$

Note: $x = 5 \sec \theta$

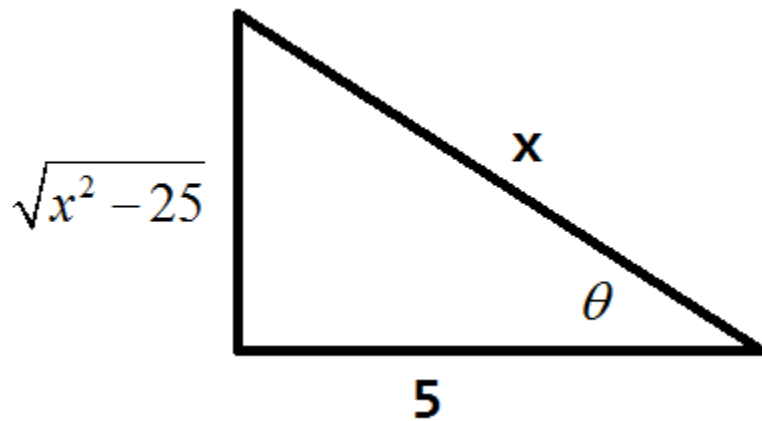
$$\sec \theta = \frac{x}{5} = \frac{\text{hypotenuse}}{\text{adjacent}}$$



Note: $h^2 + 5^2 = x^2$

$$h^2 = x^2 - 25$$

$$h = \sqrt{x^2 - 25}$$



Note: $(\sqrt{x^2 - 25})^2 + 5^2 = x^2$

From triangle:

$$\sec \theta = \frac{\textit{hypotenuse}}{\textit{adjacent}} = \frac{x}{5} \Rightarrow \theta = \sec^{-1} \left(\frac{x}{5} \right)$$

$$\tan \theta = \frac{\textit{opposite}}{\textit{adjacent}} = \frac{\sqrt{x^2 - 25}}{5}$$

$$\int \frac{\sqrt{x^2 - 25}}{x} dx = \int \frac{5 \tan \theta}{5 \sec \theta} (5 \sec \theta \tan \theta d\theta) = \int (5 \tan \theta) (\tan \theta d\theta)$$

$$= 5 \int \tan^2 \theta d\theta$$

$$= 5[-\theta + \tan \theta] \quad \text{Using Formula \#63}$$

$$= 5 \left[-\sec^{-1} \frac{x}{5} + \frac{\sqrt{x^2 - 25}}{x} \right] + C$$

Example 2: Find the indefinite integral $\int \frac{x^3}{\sqrt{x^2 - 25}} dx$.

Note: Integral contains Form $u^2 - a^2$.

Let $u^2 = x^2$ and $a^2 = 25 \Rightarrow u = x$ and $a = 5$

If we let $u = a \sec \theta$, then $x = 5 \sec \theta$

Hence, $\frac{dx}{d\theta} = 5 \sec \theta \tan \theta \Rightarrow dx = 5 \sec \theta \tan \theta d\theta$

$$\sqrt{x^2 - 25} = \sqrt{(5 \sec \theta)^2 - 25} = \sqrt{25(\sec \theta)^2 - 25} = \sqrt{25[(\sec \theta)^2 - 1]} = \sqrt{25 \tan^2 \theta} = 5 \tan \theta$$

$$\int \frac{x^3}{\sqrt{x^2 - 25}} dx = \int \frac{(5 \sec \theta)^3}{5 \tan \theta} (5 \sec \theta \tan \theta d\theta) = \int \frac{125(\sec \theta)^3}{5 \tan \theta} (5 \sec \theta \tan \theta d\theta) = \int 125(\sec \theta)^3 (\sec \theta d\theta) = 125 \int (\sec \theta)^4 d\theta$$

$$\text{Note: } \int (\sec \theta)^4 d\theta = \int (\sec \theta)^2 (\sec \theta)^2 d\theta = \int (1 + \tan^2 \theta) (\sec \theta)^2 d\theta$$

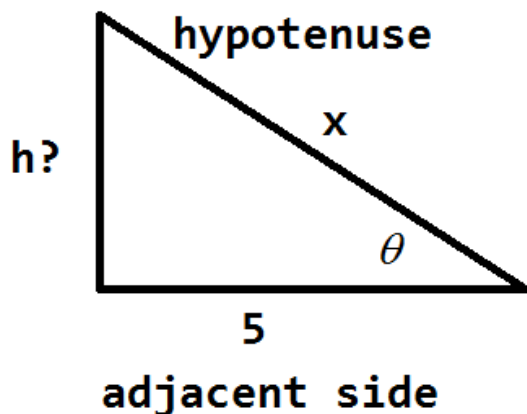
$$\text{Let } u = \tan \theta; \text{ hence } \frac{du}{d\theta} = \sec^2 \theta \text{ and } du = \sec^2 \theta d\theta$$

$$\int (\sec \theta)^4 d\theta = \int (1 + \tan^2 \theta) (\sec \theta)^2 d\theta = \int (1 + u^2) du = u + \frac{1}{3} u^3 = \tan \theta + \frac{1}{3} (\tan \theta)^3$$

$$\int \frac{x^3}{\sqrt{x^2 - 25}} dx = 125 \int (\sec \theta)^4 d\theta = 125 \left[\tan \theta + \frac{1}{3} (\tan \theta)^3 \right] + C$$

$$\text{Note: } x = 5 \sec \theta$$

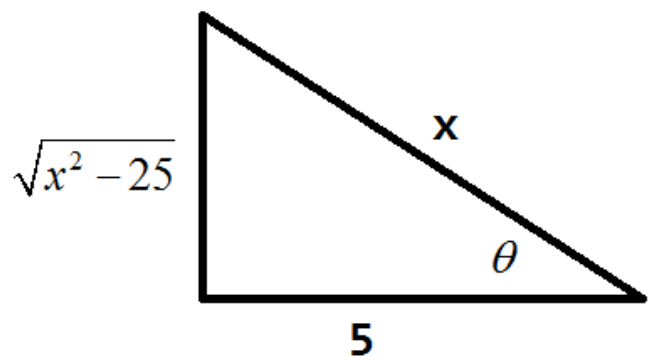
$$\sec \theta = \frac{x}{5} = \frac{\text{hypotenuse}}{\text{adjacent}}$$



$$\text{Note: } h^2 + 5^2 = x^2$$

$$h^2 = x^2 - 25$$

$$h = \sqrt{x^2 - 25}$$



Note: $(\sqrt{x^2 - 25})^2 + 5^2 = x^2$

From triangle:

$$\sec \theta = \frac{\text{hypotenuse}}{\text{adjacent}} = \frac{x}{5} \Rightarrow \theta = \sec^{-1} \left(\frac{x}{5} \right)$$

$$\tan \theta = \frac{\text{hypotenuse}}{\text{opposite}} = \frac{\sqrt{x^2 - 25}}{5}$$

$$\int \frac{x^3}{\sqrt{x^2 - 25}} dx = 125 \left[\frac{\sqrt{x^2 - 25}}{5} + \frac{1}{3} \left(\frac{\sqrt{x^2 - 25}}{5} \right)^3 \right] + C$$

Example 3: Find the indefinite integral $\int \sqrt{4 + x^2} dx$.

Note: Integral contains Form $a^2 + u^2$.

Let $u^2 = x^2$ and $a^2 = 4 \Rightarrow u = x$ and $a = 2$

If we let $u = a \tan \theta$, then $x = 2 \tan \theta$

Hence, $\frac{dx}{d\theta} = 2 \sec^2 \theta \Rightarrow dx = 2 \sec^2 \theta d\theta$

$$\sqrt{4 + x^2} = \sqrt{4 + (2 \tan \theta)^2} = \sqrt{4 + 4(\tan \theta)^2} = \sqrt{4[1 + (\tan \theta)^2]} = 2\sqrt{[1 + (\tan \theta)^2]} = 2\sqrt{(\sec \theta)^2} = 2 \sec \theta$$

$$\int \sqrt{4+x^2} dx = \int 2 \sec \theta (2 \sec^2 \theta d\theta) = 4 \int \sec^3 \theta d\theta$$

Note: $\sec^2 \theta = 1 + \tan^2 \theta$

For $\int \sec^3 \theta d\theta = \int \sec \theta \sec^2 \theta d\theta$ we can use Integration by Parts

Let $u = \sec \theta$ $dv = \sec^2 \theta d\theta$

$$\frac{du}{d\theta} = \sec \theta \tan \theta \quad \int dv = \int \sec^2 \theta d\theta$$

$$du = \sec \theta \tan \theta d\theta \quad v = \tan \theta$$

$$\int \sec^3 \theta d\theta = \int \sec \theta \sec^2 \theta d\theta = uv - \int v du = (\sec \theta)(\tan \theta) - \int \tan \theta \sec \theta \tan \theta d\theta$$

$$\int \sec^3 \theta d\theta = \sec \theta \tan \theta - \int \sec \theta \tan^2 \theta d\theta = \sec \theta \tan \theta d\theta - \int \sec \theta (\sec^2 \theta - 1) d\theta$$

$$\int \sec^3 \theta d\theta = \sec \theta \tan \theta - \int (\sec^3 \theta - \sec \theta) d\theta = \sec \theta \tan \theta - \int (\sec^3 \theta) d\theta + \int (\sec \theta) d\theta$$

$$\int \sec^3 \theta d\theta = \sec \theta \tan \theta - \int (\sec^3 \theta) d\theta + \ln |\sec \theta + \tan \theta|$$

$$\int \sec^3 \theta d\theta + \int (\sec^3 \theta) d\theta = \sec \theta \tan \theta + \ln |\sec \theta + \tan \theta|$$

$$2 \int (\sec^3 \theta) d\theta = \sec \theta \tan \theta + \ln |\sec \theta + \tan \theta|$$

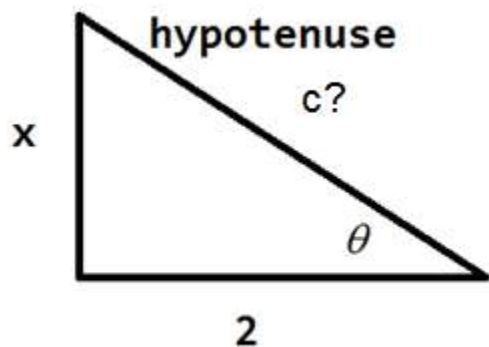
$$\int (\sec^3 \theta) d\theta = \frac{1}{2} \sec \theta \tan \theta + \frac{1}{2} \ln |\sec \theta + \tan \theta|$$

$$4 \int (\sec^3 \theta) d\theta = 2 \sec \theta \tan \theta + 2 \ln |\sec \theta + \tan \theta|$$

$$\int \sqrt{4+x^2} dx = 4 \int \sec^3 \theta d\theta = 2 \sec \theta \tan \theta + 2 \ln |\sec \theta + \tan \theta|$$

Note : $x = 2 \tan \theta$

$$\tan \theta = \frac{x}{2} = \frac{\text{opposite}}{\text{adjacent}}$$



$$c^2 = x^2 + 2^2$$

$$c = \sqrt{x^2 + 4}$$

$$\sec \theta = \frac{\text{hypotenuse}}{\text{adjacent}} = \frac{\sqrt{x^2 + 4}}{2}$$

$$\int \sqrt{4+x^2} dx = 4 \int \sec^3 \theta d\theta = 2 \sec \theta \tan \theta + 2 \ln |\sec \theta + \tan \theta| = 2 \left(\frac{\sqrt{x^2 + 4}}{2} \right) \left(\frac{x}{2} \right) + 2 \left[\ln \left| \frac{\sqrt{x^2 + 4}}{2} + \frac{x}{2} \right| \right] + C$$

Example 4: Find the indefinite integral $\int \sqrt{25x^2 - 1} dx$.

Note: Integral contains Form $u^2 - a^2$.

Let $u^2 = 25x^2$ and $a^2 = 1 \Rightarrow u = 5x$ and $a = 1$

$$\frac{du}{dx} = 5 \Rightarrow du = 5dx \Rightarrow \frac{1}{5} du = dx$$

Using Formula for Table of Integration:

$$\begin{aligned} \int \sqrt{25x^2 - 1} dx &= \int \sqrt{u^2 - a^2} \left(\frac{1}{5} du \right) = \frac{1}{5} \int \sqrt{u^2 - a^2} du \\ &= \frac{1}{5} \left[\frac{1}{2} \left[u \sqrt{u^2 - a^2} + a^2 \ln \left| u + \sqrt{u^2 - a^2} \right| \right] \right] + C \\ &= \frac{1}{10} \left[\left[5x \sqrt{(5x)^2 - 1} + \ln \left| 5x + \sqrt{(5x)^2 - 1} \right| \right] \right] + C \end{aligned}$$

Example 5: Find the indefinite integral $\int \frac{x^2}{\sqrt{36-x^2}} dx$.

Note: Integral contains Form $a^2 - u^2$.

Let $u^2 = x^2$ and $a^2 = 36 \Rightarrow u = x$ and $a = 6$

Let $u = a \sin \theta \Rightarrow x = a \sin \theta = 6 \sin \theta$

$$\frac{dx}{d\theta} = 6 \cos \theta \Rightarrow dx = 6 \cos \theta d\theta$$

$$\sqrt{36-x^2} = \sqrt{36-(6 \sin \theta)^2} = \sqrt{36-36(\sin \theta)^2} = \sqrt{36[1-(\sin \theta)^2]} = \sqrt{36 \cos^2 \theta} = 6 \cos \theta$$

$$\int \frac{x^2}{\sqrt{36-x^2}} dx = \int \frac{(6 \sin \theta)^2}{6 \cos \theta} 6 \cos \theta d\theta = 36 \int (\sin \theta)^2 d\theta$$

$$\text{Note: } \int (\sin \theta)^2 d\theta = \int \left(\frac{1}{2} - \frac{1}{2} \cos 2\theta \right) d\theta = \frac{1}{2} \theta - \frac{1}{2} \cdot \frac{1}{2} \sin 2\theta = \frac{1}{2} \theta - \frac{1}{4} \sin 2\theta$$

$$\int \frac{x^2}{\sqrt{36-x^2}} dx = \int \frac{(6 \sin \theta)^2}{6 \cos \theta} 6 \cos \theta d\theta = 36 \int (\sin \theta)^2 d\theta = 36 \left[\frac{1}{2} \theta - \frac{1}{4} \sin 2\theta \right] = 18\theta - 9 \sin 2\theta$$

Note: $x = 6\sin\theta$

$$\sin\theta = \frac{x}{6} = \frac{\textit{opposite}}{\textit{hypotenuse}}; \quad \text{and } \theta = \sin^{-1}\left(\frac{x}{6}\right)$$

$$\textit{adjacent} = \sqrt{(\textit{hypotenuse})^2 - (\textit{opposite})^2} = \sqrt{36 - x^2}$$

$$\cos\theta = \frac{\textit{adjacent}}{\textit{hypotenuse}} = \frac{\sqrt{36 - x^2}}{6}$$

$$\sin 2\theta = 2\sin\theta\cos\theta = 2\left(\frac{x}{6}\right)\left(\frac{\sqrt{36 - x^2}}{6}\right)$$

$$\int \frac{x^2}{\sqrt{36 - x^2}} dx = 18\theta - 9\sin 2\theta = 18\sin^{-1}\left(\frac{x}{6}\right) - 9\sin 2\theta = 18\sin^{-1}\left(\frac{x}{6}\right) - \left[9 \cdot 2\left(\frac{x}{6}\right)\left(\frac{\sqrt{36 - x^2}}{6}\right)\right] + C$$

$$\int \frac{x^2}{\sqrt{36 - x^2}} dx = 18\theta - 9\sin 2\theta = 18\sin^{-1}\left(\frac{x}{6}\right) - 9\sin 2\theta = 18\sin^{-1}\left(\frac{x}{6}\right) - 18\left(\frac{x}{6}\right)\left(\frac{\sqrt{36 - x^2}}{6}\right) + C$$

Example 6: Find the indefinite integral $\int \frac{\sqrt{25x^2 + 4}}{x^4} dx$.

Note: Integral contains Form $a^2 + u^2$.

Let $u^2 = 25x^2$ and $a^2 = 4 \Rightarrow u = 5x$ and $a = 2$

Let $u = a \tan \theta \Rightarrow 5x = a \tan \theta \Rightarrow x = \frac{2 \tan \theta}{5}$

$\frac{dx}{d\theta} = \frac{2}{5} \sec^2 \theta \Rightarrow dx = \frac{2}{5} \sec^2 \theta d\theta$

$$\sqrt{25x^2 + 4} = \sqrt{25 \left(\frac{2 \tan \theta}{5} \right)^2 + 4} = \sqrt{25 \cdot \frac{4}{25} (\tan \theta)^2 + 4} = \sqrt{4(\tan \theta)^2 + 4} = \sqrt{4[(\tan \theta)^2 + 1]} = \sqrt{4[(\sec \theta)^2]} = 2 \sec \theta$$

$$\int \frac{\sqrt{25x^2 + 4}}{x^4} dx = \int \frac{2 \sec \theta}{\left(\frac{2 \tan \theta}{5} \right)^4} \frac{2}{5} \sec^2 \theta d\theta = \frac{2 \cdot \frac{2}{5}}{\left(\frac{2}{5} \right)^4} \int \frac{\sec^3 \theta}{(\tan \theta)^4} d\theta = 31.25 \int \frac{\left(\frac{1}{\cos^3 \theta} \right)}{\left(\frac{\sin \theta}{\cos \theta} \right)^4} d\theta = 31.25 \cos \theta (\sin \theta)^{-4} d\theta$$

Note: $\frac{\left(\frac{1}{\cos^3 \theta} \right)}{\left(\frac{\sin \theta}{\cos \theta} \right)^4} \frac{\left(\frac{1}{\cos^3 \theta} \right)}{\left(\frac{\sin \theta}{\cos \theta} \right)^4} = \left(\frac{1}{\cos^3 \theta} \right) \frac{(\cos \theta)^4}{(\sin \theta)^4} = \frac{\cos \theta}{(\sin \theta)^4} = \cos \theta (\sin \theta)^{-4}$

$$\int \frac{\sqrt{25x^2 + 4}}{x^4} dx = 31.25 \int \cos \theta (\sin \theta)^{-4} d\theta$$

$$\text{Let } u = \sin \theta ; \quad \frac{du}{d\theta} = \cos \theta; \quad du = \cos \theta d\theta$$

$$\int \frac{\sqrt{25x^2 + 4}}{x^4} dx = 31.25 \int \cos \theta (\sin \theta)^{-4} d\theta$$

$$= 31.25 \int (\sin \theta)^{-4} \cos \theta d\theta = 31.25 \int (u)^{-4} d\theta$$

$$= 31.25 \left[\frac{u^{-3}}{-3} \right] = 31.25 \left[\frac{(\sin \theta)^{-3}}{-3} \right]$$

$$= 31.25 \left[\frac{u^{-3}}{-3} \right] = 31.25 \left[\frac{(\sin \theta)^{-3}}{-3} \right]$$

$$\text{Note: } x = \frac{2 \tan \theta}{5} \Rightarrow \frac{5}{2}x = \frac{5}{2} \cdot \frac{2 \tan \theta}{5} \Rightarrow \tan \theta = \frac{5x}{2} = \frac{\text{opposite}}{\text{adjacent}}$$

Note:

$$(\text{hypotenuse})^2 = (\text{opposite})^2 + (\text{adjacent})^2$$

$$(\text{hypotenuse})^2 = (5x)^2 + (2)^2 = 25x^2 + 4$$

$$\text{hypotenuse} = \sqrt{25x^2 + 4}$$

$$\sin \theta = \frac{\text{opposite}}{\text{hypotenuse}} = \frac{5x}{\sqrt{25x^2 + 4}}$$

$$\cos \theta = \frac{\text{adjacent}}{\text{hypotenuse}} = \frac{2}{\sqrt{25x^2 + 4}}$$

$$\int \frac{\sqrt{25x^2 + 4}}{x^4} dx = 31.25 \left[\frac{(\sin \theta)^{-3}}{-3} \right] = 31.25 \left[\frac{\left(\frac{5x}{\sqrt{25x^2 + 4}} \right)^{-3}}{-3} \right] + C$$

Example 7: Find the indefinite integral $\int \frac{1}{x\sqrt{9x^2+1}} dx$.

Formula from Table of Integration: $\int \frac{1}{u\sqrt{u^2+a^2}} (du) = \frac{-1}{a} \ln \left| \frac{a + \sqrt{u^2+a^2}}{u} \right| + C$

Let $u^2 = 9x^2$ and $a^2 = 1 \Rightarrow u = 3x$ and $a = 1$

Also, $\frac{du}{dx} = 3$; $du = 3dx$; $\frac{1}{3}du = dx$ and $u = 3x \Rightarrow x = \frac{1}{3}u$

$$\begin{aligned} \int \frac{1}{x\sqrt{9x^2+1}} dx &= \int \frac{1}{\frac{1}{3}u\sqrt{u^2+1}} \left(\frac{1}{3} du \right) = \int \frac{1}{u\sqrt{u^2+1}} du = \frac{-1}{a} \ln \left| \frac{a + \sqrt{u^2+a^2}}{u} \right| + C \\ &= \frac{-1}{1} \ln \left| \frac{1 + \sqrt{9x^2+1}}{3x} \right| + C = -\ln \left| \frac{1 + \sqrt{9x^2+1}}{3x} \right| + C \end{aligned}$$

Example 8: Find the indefinite integral $\int \frac{x^2}{(1+x^2)^2} dx$.

Integral contains Form a^2+u^2 .

Let $u^2 = x^2$ and $a^2 = 1 \Rightarrow u = x; \quad a = 1$

Also, let $u = a \tan \theta \Rightarrow x = a \tan \theta \Rightarrow x = \tan \theta$

$$\frac{dx}{d\theta} = (\sec \theta)^2 \Rightarrow dx = (\sec \theta)^2 d\theta$$

$$(1+x^2)^2 = (1+(\tan \theta)^2)^2 = ((\sec \theta)^2)^2 = (\sec \theta)^4$$

$$\int \frac{x^2}{(1+x^2)^2} dx = \int \frac{(\tan \theta)^2}{(\sec \theta)^4} (\sec \theta)^2 d\theta = \int \frac{(\tan \theta)^2}{(\sec \theta)^2} d\theta = \int \frac{\left(\frac{\sin^2 \theta}{\cos^2 \theta}\right)}{\frac{1}{\cos^2 \theta}} d\theta = \int \sin^2 \theta d\theta$$

$$= \int \left(\frac{1}{2} - \frac{1}{2} \cos 2\theta \right) d\theta = \frac{1}{2} \theta - \frac{1}{2} \left(\frac{1}{2} \sin 2\theta \right) = \frac{1}{2} \theta - \frac{1}{2} \left(\frac{1}{2} \cdot 2 \sin \theta \cos \theta \right)$$

$$= \frac{1}{2} [\theta - \sin \theta \cos \theta]$$

Note : $x = \tan \theta$

$$\tan \theta = \frac{x}{1} = \frac{\textit{opposite}}{\textit{adjacent}}; \quad \text{and} \quad \theta = \tan^{-1} x$$

$$\textit{hypotenuse} = \sqrt{(\textit{opposite})^2 + (\textit{adjacent})^2}$$

$$\textit{hypotenuse} = \sqrt{(x)^2 + (1)^2} = \sqrt{x^2 + 1}$$

$$\sin \theta = \frac{\textit{opposite}}{\textit{hypotenuse}} = \frac{x}{\sqrt{x^2 + 1}}$$

$$\cos \theta = \frac{\textit{adjacent}}{\textit{hypotenuse}} = \frac{1}{\sqrt{x^2 + 1}}$$

$$\begin{aligned} \int \frac{x^2}{(1+x^2)^2} dx &= \frac{1}{2} [\theta - \sin \theta \cos \theta] \\ &= \frac{1}{2} \left[\tan^{-1} x - \frac{x}{\sqrt{x^2 + 1}} \frac{1}{\sqrt{x^2 + 1}} \right] + C \end{aligned}$$